



EPA WOMEN'S MENTAL HEALTH SECTION REPORT 2023

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Councillor: Dr. Angelika WIECK
Councillor: Anne-laure SUTTER
Councillor: Ekin SÖNMEZ

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Goran RACETOVIC, Prijedor, Bosnia and Herzegovina
Anita RIECHER-RÖSSLER, Binningen, Switzerland,
Gabriele SACHS, Vienna, Austria
Nitin Pal SINGH, Kota, India
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Angelika WIECK, Manchester, United Kingdom
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İmran Gökçen YILMAZ KARAMAN, Eskişehir, Türkiye
Nafiye Selcan YILDİRİM, İstanbul, Türkiye



EPA WOMEN'S MENTAL HEALTH SECTION REPORT 2023

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 10 February 2022

Venue: : Annual General Women's Mental Health Section Meeting, Zoom

ACTIVITIES OF THE SECTION IN 2023:

Meetings/events

EPA congress

Description:

Section submissions for the EPA Congress in 2023:

Joint Section Symposium with Section for Neurodevelopmental Disorders across the Lifespan

- Women's mental health issues across the life span, Monday 27 March 2023, 10:00 - 11:30:

Chairs: T Kurimay, JJ S Kooij, presenters: JJ Sandra Kooij, Nadia Micali, Janneke Wittekoek, Angelika Wieck

Joint Section Symposium with Section for Addictions

- Gender-sensitive approach in addictions (chemical, behaviour): focusing on women, Tuesday 28 March 2023, 08:00 - 09:30:

Chairs: M Torrens, T Kurimay. presenters: Florence Thibaut, Marta Torrens, Zsuzsa Kalo, Ekin Sonmez Gungor

- Psychosocial interventions for carers of people with severe mental disorders: state of the art. Sunday 26 March 2023, 15:00 - 16:30.

T Kurimay: Psychosocial interventions in perinatal mental health. Tamás Fenyves; Gábor Máté Mező ; Anett Pelikán ; József Szederkényi

- Anne-Laure Sutter-Dallay: Neurobiology and neuroimaging of the maternal brain.

Location: Paris, France

Start date: 26/03/2023

End date: 28/03/2023



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EPA Section on Women's Mental Health meeting

Description:

Feedback of section activities; Section of WMH webinars; EPA Congress in Paris; Communication with section members; Feedback on EMA meeting on use of Valproate and risk minimisation in women of childbearing age; ICD-11 classification of perinatal disorders

Location: virtual

Start date: 03/02/2023

End date: 03/02/2023

EPA Section on Women's Mental Health meeting

Description:

Face to face meeting at the EPA Congress in Paris

Location: Paris

Start date: 28/02/2023

End date: 28/03/2023

EPA Section on Women's Mental Health Board meeting

Description:

Preparation for the virtual section meeting; preparation for the congress in Paris; EMA and valproate; ICD-11 and perinatal classification; future webinars

Location: virtual

Start date: 27/01/2023

End date: 27/01/2023



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Prescribing course for Senior Trainees, Royal College of Psychiatrists

Description:

Lecture Antipsychotics, mood stabilizers, anxiolytics and sleep-inducers: how safe is their use in pregnancy and lactation? Dr Angelika Wieck

Location: UK, London

Start date: 18/01/2023

End date: 18/01/2023

Perinatal Psychiatry Masterclass for Senior Trainees, Royal College of Psychiatrists

Description:

Lecture: How do we interpret the evidence in relation to prescribing in pregnancy? by Dr Angelika Wieck

Location: UK, London

Start date: 19/01/2023

End date: 19/01/2023

Masterclasses in Perinatal Psychiatry, Royal College of Psychiatrists

Description:

Lecture - Prescribing antipsychotics and mood stabilizers in pregnancy and breastfeeding by Dr Angelika Wieck

Location: UK, London

Start date: 02/02/2023

End date: 02/02/2023



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Masterclasses in Clinical Psychopharmacology

British Association of Psychopharmacology

Description:

Lecture - Perinatal disorders: the use of antipsychotics, mood stabilizers, anxiolytics and sleep inducers in pregnancy and breastfeeding - by Dr Angelika Wieck

Location: UK, London

Start date: 20/04/2023

End date: 20/04/2023

Perinatal training course for Thai Psychiatrists

Description:

Prescribing in the perinatal period: antipsychotics and mood stabilizers - by Dr Angelika Wieck

Location: virtual

Start date: 16/06/2023

End date: 16/06/2023

European Psychiatric Association and European Institute of Women's Health: The interplay on gender and mental health.

Description:

Webinar: The Interplay of Gender and Mental Health: A Global Health Issue - Panelist Dr Angelika Wieck

Session available on : <https://www.youtube.com/watch?v=3g4kCetWUbA>

Location: virtual

Start date: 12/09/2023

End date: 12/09/2023



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Migraines and Mental Health in Women: Addressing the Challenge. A joint project between Gamian Europe and the European Migraine and Headache Alliance

Managing anxiety and depression in migraine sufferers - lecture by Dr Angelika Wieck
Available on : <https://www.youtube.com/watch?v=FynLW6zpTg0>

Location: virtual
Start date: 21/09/2023
End date: 21/09/2023

Course, Congress of the World Psychiatric Association

Description:

Lecture - Pharmacotherapy in pregnancy - by Dr Angelika Wieck

Location: Vienna, Austria
Start date: 28/09/2023
End date: 28/09/2023

Scientific Meeting of the Perinatal Faculty, Royal College of Psychiatrists

Description:

Lecture - Psychotropic medications update - by Dr Angelika Wieck

Location: UK, London
Start date: 17/10/2023
End date: 17/10/2023

Masterclasses in Clinical Psychopharmacology of the British Association of Psychopharmacology

Description:

Perinatal disorders: the use of antipsychotics, mood stabilizers, anxiolytics, and sleep inducers in pregnancy and breastfeeding - by Dr Angelika Wieck



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Location: UK, London

Start date: 16/11/2023

End date: 16/11/2023

Course in perinatal mental health for Obstetricians

Description:

Psychotropic medication in the perinatal period – antipsychotic drugs and mood stabilizers - by Dr Angelika Wieck

Location: virtual

Start date: 30/11/2023

End date: 30/11/2023

Valproate Stakeholders Meeting organized by the Pharmacovigilance Risk Assessment Committee of the European Medicines Agency

Description:

Dr Wieck attended this meeting. The topic was obstacles that could explain the incomplete implementation of the prescribing restrictions for valproate across Europe and how to overcome them. Following discussions within the EPA WMH Section Board, several suggestions were made to the Committee in regard to the implementation in psychiatric and primary care services.

Location: virtual

Start date: 01/02/2023

End date: 01/02/2023

Paris Santé femmes

Description:

Women at risk for postnatal depression, by Dr Anne-Laure Sutter-Dallay

Location: Lille, France

Start date: 25/01/2023

End date: 25/01/2023



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French Marce Society congress

Description:

Perinatal depression - what are the issues- by AL Sutter-Dallay

Location: virtual

Start date: 06/04/2023

End date: 06/04/2023

CPNLF

Description:

From ante-natal consultation to mother-child hospitalisation: What care pathways in perinatal psychiatry ?
- by AL Sutter-Dallay

Location: France, Grenoble

Start date: 31/05/2023

End date: 31/05/2023

SFPEA-DA

Description:

Maternal Brain by Dr AL Suutter-Dallay

Location: France - Toulouse

Start date: 01/06/2023

End date: 01/06/2023



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Passerelles

Description:

Gynaecological/obstetric violence and PTSD

Sorting things out - by Dr AL Sutter-Dallay

Location: France, Biarritz

Start date: 09/06/2023

End date: 09/06/2023

WPA

Description:

Maternal Brain by Dr AL Sutter-Dallay

Location: Austria, Vienna

Start date: 01/10/2023

End date: 01/10/2023

Infogyn

Description:

Gynaecological/obstetric violence and PTSD

Sorting things out - by Dr AL Sutter-Dallay

Location: France, Pau

Start date: 05/10/2023

End date: 05/10/2023

FIGO

Description:

Prenatal psychological distress, access to mental health care and pathways between risk/protective factors and maternal postnatal depressive symptoms in the E.L.F.E. french birth cohort



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Location: France, Paris

Start date: 10/10/2023

End date: 10/10/2023

e-encephale

Description:

Health care pathways in PPN, by Dr AL Sutter-Dallay

Location: virtual

Start date: 20/10/2023

End date: 20/10/2023

ARIP

Description:

Why it makes sense to care for babies by caring for their parents... and vice versa - by Dr AL Sutter-Dallay

Location: France, Avignon

Start date: 14/11/2023

End date: 14/11/2023

French Psychiatry congress

Description:

maternal emotional regulation, foetal sleep and development - by Dr AL Sutter-Dallay

Medical education : use of psychotropic drugs during the peripartum - - by Dr AL Sutter-Dallay

Location: France, Lyon

Start date: 30/11/2023

End date: 30/11/2023



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WPA

Description:

Perinatal Psychiatry poster session - chaired by AL Sutter-Dallay

Location: Austria, Vienna

Start date: 30/09/2023

End date: 30/09/2023

Aid to set up a perinatal psychiatry network

Description:

Aid to set up a perinatal psychiatry network in Galati, Romania, as part of a cooperation project supported by the new Aquitaine region - by Dr AL Sutter-Dallay

Location: France, Bordeaux

Start date: 23/05/2023

End date: 25/05/2023

Emotional perinatal dysregulation

Description:

Emotional perinatal dysregulation, by Dr AL Sutter-Dallay

Location: France, Biarritz

Start date: 09/06/2023

End date: 09/06/2023

Working day on the Perinatal Psychiatry

Description:

Working day on the Perinatal Psychiatry with teams from the Langon region in Gironde - by Dr AL Sutter-Dallay



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Location: France, Langon

Start date: 27/06/2023

End date: 27/06/2023

Perinatal psychiatry and psychotrauma

Description:

Perinatal psychiatry and psychotrauma by Dr AL Sutter-Dallay

Location: France, Bordeaux

Start date: 13/09/2023

End date: 13/09/2023

medical thesis direction

Description:

medical thesis direction by Dr AL Sutter-Dallay : Use of allopregnanolone and ketamine in PND; Bordeaux University

Location: France, Bordeaux

Start date: 16/10/2023

End date: 16/10/2023

Animation of a public debate during the international week for mental health

Description:

Animation of a public debate during the international week for mental health - by Dr AL Sutter-Dallay

Location: France, Bordeaux

Start date: 17/10/2023

End date: 17/10/2023



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Training in perinatal Psychiatry for obstetrics and neonatal paediatrics teams at the Chateaubriant hospital

Description:

Training in perinatal Psychiatry for obstetrics and neonatal paediatrics teams at the Chateaubriant hospital - by AL Sutter-Dallay

Location: France, Chateaubriant

Start date: 16/10/2023

End date: 07/11/2023

SOTE (Semmelweis University, Budapest) obligatory education for Psychiatrists

Description:

A perinatális pszichiátria hazai ellátási protokollja (Tamas Kurimay) (in Hungarian) – Perinatal Psychiatric Care Guidelines in Hungary

Mindennapi betegellátás a baba-mamapszichiátriai osztályon (Anett Pelikán) (in Hungarian) – Best practices at a Baby-Mother-Father Psychiatric Unit

Location: Budapest, Hungary and virtual

Start date: 18/04/2023

End date: 18/04/2023

HPA (Hungarian Psychiatric Association) Conference 2023

Description:

A perinatális időszakban alkalmazott antipszichotikumok alkalmazásának áttekintése a nemzetközi és a hazai irányelvekben, klinikai gyakorlatban (K.T.; P.A.; Sz.J.; Vera Tory*) (in Hungarian) – A review of antipsychotic application in Hungarian and international guidelines and clinical practice during the perinatal period

A hosszú hatású antipszichotikum injekciók alkalmazásának dilemmái a perinatális időszakban (Sz.J.; P.A.; Tamás Fenyves; K.T.) (in Hungarian) – Dilemmas on long acting antipsychotic injection application during the perinatal period



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A hosszú távú kimenetel elemzése, a prevenció, kezelés és kockázatcsökkenés lehetőségei a perinatális pszichiátriában (P.A.; Vera Tory; Sz. J., K.T.) (in Hungarian) – Analyzing long-term effects and possibilities of prevention, treatment and risk reduction in perinatal Psychiatry

Neonatólógus: Újszülöttkori Absztinencia (Vera Tory, K.T.) (in Hungarian) – Neonatologist: Abstinence with infants

Prof. Tamás Kurimay M.D., Ph.D.; Anett Pelikán M.D.; József Szederkényi M.D.; Gábor Máté Mező (associate member)

(Abbreviations respectively will be used as K.T*,**.; P.A.*; Sz.J.*; M.G.*)

Location: Szeged, Hungary

Start date: 15/09/2023

End date: 15/09/2023

Mental Health Coalition Inaugurate Meeting – Hungary (WHO)

Description:

Women's mental Health - lecture by Prof Tamas Kurimay

(English programme attached)

Location: Budapest, Hungary

Start date: 12/12/2023

End date: 12/12/2023

World Congress of Psychiatry

Description:

The impact of prophylactic medication use on the recurrence of bipolar episodes in the BDRN pregnancy study - presentation by Dr Marisa Casanova Dias

Location: Vienna, Austria

Start date: 30/09/2023

End date: 30/09/2023



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Publications

Women's quality of life and mental health in the first year after birth: Associated factors and effects of antenatal preventive measures among mothers in the ELFE cohort.

Journal:

J Affect Disord.

Authors:

Barandon S, Castel L, Galera C, van der Waerden J, Sutter-Dallay ALJ

(Expected) Publication date: 15/01/2023

Acknowledged as official Section publication? No

Borderline personality traits are differently associated with postpartum psychosis and postpartum depression episodes in women with bipolar disorder

Journal:

J Affect Disord.

Authors:

Marisa Casanova Dias, Mark Kelson, Katherine Gordon-Smith, Amy Perry, Nick Craddock, Lisa Jones, Arianna Di Florio, Ian Jones

(Expected) Publication date: 01/03/2023

Acknowledged as official Section publication? No

Perinatal disorders

(within Chapter 9: Integrated neurobiology of specific syndromes)

Journal:

Cambridge Textbook of Neuroscience for Psychiatrists

Authors:

Marisa Casanova Dias, Ian Jones, Louise M Howard

(Expected) Publication date: 01/03/2023

Acknowledged as official Section publication? No

Pharmacologic Management of Reproductive Psychopathology

Journal:

Chapter in 'Tasman's Psychiatry

Authors:

Maria Muzik, Samantha Shaw, Sophie Grigoriadis, Kristina M. Deligiannidis. Angelika Wieck, Prabha S. Chandra, Manisha Murugesan, Cara Anne Poland, Nancy Renn-Bugai

(Expected) Publication date: 01/03/2023

Acknowledged as official Section publication? No



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Evidence-based consensus guidelines for the management of catatonia: Recommendations from the British Association for Psychopharmacology.

Journal:

J Psychopharmacol. 2023

Authors:

Rogers JP, Oldham MA, Fricchione G, Northoff G, Ellen Wilson J, Mann SC, Francis A, Wieck A, Elizabeth Wachtel L, Lewis G, Grover S, Hirjak D, Ahuja N, Zandi MS, Young AH, Fone K, Andrews S, Kessler D, Saifee T, Gee S, Baldwin DS, David AS.

(Expected) Publication date: 01/04/2023

Acknowledged as official Section publication? No

The Pregnant Smoker Stigma Scale - Self Stigma (P3S-SS): development and validation in pregnant smoking women in France

Journal:

Women Health

Authors:

Loyal D, Sutter AL, Auriacombe M, Serre F, Rascle N.

(Expected) Publication date: 01/01/2023

Acknowledged as official Section publication? No

Pathways between Risk/Protective Factors and Maternal Postnatal Depressive Symptoms: The ELFE Cohort

Journal:

J Clin Med.

Authors:

Bales M, Pambrun E, Maguet C, van der Waerden J, Glangeaud-Freudenthal N, Charles MA, Bois C, Melchior M, Milgrom J, Falissard B, Verdoux H, Sutter-Dallay AL.

(Expected) Publication date: 01/05/2023

Acknowledged as official Section publication? No

Epigenome-Wide Associations of Placental DNA Methylation and Behavioral and Emotional Difficulties in Children at 3 Years of Age.

Journal:

Int J Mol Sci

Authors:

Nakamura A, Broséus L, Tost J, Vaiman D, Martins S, Keyes K, Bonello K, Fekom M, Strandberg-Larsen K, Sutter-Dallay AL, Heude B, Melchior M, Lepeule J

(Expected) Publication date: 01/07/2023

Acknowledged as official Section publication? No



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A network analysis of nutritional markers and maternal perinatal mental health in the French EDEN cohort.

Journal:

BMC Pregnancy Childbirth

Authors:

Knox B, Galera C, Sutter-Dallay AL, Heude B, de Lauzon-Guillain B, van der Waerden J.

(Expected) Publication date: 01/08/2023

Acknowledged as official Section publication? No

FUTURE ACTIVITIES:

Meetings/events

EPA Congress 2024

Description:

Workshop

Title: Acute mania in the third trimester of pregnancy : management challenges and solutions

- Chairs: Tamas Kurimay, Pavel Mohr
- Speakers: Marisa Casanova Dias, Pavel Mohr, Angelika Wieck, Meryam Schouler-Ocak,

Location: Budapest, Hungary

Start date: 06/04/2024

End date: 09/04/2024

EPA Congress 2024

Description:

Section Symposium

Recent developments in perimenopausal depression



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Chair: Tamas Kurimay; Co-chair Angelika Wieck

Presenters: Anita Riecher-Rössler; Angelika Wieck; Nándor Ács; Michael Craig.

Location: Budapest, Hungary

Start date: 06/04/2024

End date: 09/04/2024

Future activities

Description:

Publications:

Book chapter on perinatal psychopharmacology for Seminars in Perinatal Psychiatry, Cambridge University Press.

Clinical Practice Update in perinatal psychopharmacology for the British Journal of Psychiatry

Prevention and Treatment Perinatal Mental Disorders Guidance (in Hungarian)

Perinatal Psychiatry. Medicine journal

Lectures:

Masterclasses of the British Association of Psychopharmacology, various courses and conferences in perinatal psychiatry and women's mental health.

PSF 2024 (Paris, France)

French Mother and Baby Units bi-annual congress (Bordeaux, France)

Organizing any conferences

French Mother and Baby Units biannual congress (Rennes, France)

Annual congress of the French Marcé society in Bordeaux, 30 may 2024



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Other

Development of a cooperation with Euskadi (Spain) on training in perinatal psychiatry

Recommendation on perinatal psychiatry for the HAS (French Health Authority) finishing in 2024

Location: Virtual and various meeting venues

Start date: 01/01/2024

End date: 31/12/2024

FUNDING IN 2023

Income: none

Source(s) of funding:

None received Expenditure: None

Balance: Does not apply

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No