

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**SECTION BOARD MEMBERS:**

Chairperson: Dr. Angelika WIECK

Co-chairperson: Dr. Rocio MARTIN-SANTOS

Secretary: Dr. Livia VAVRUSOVA

Councillor:

First other board member: Anita RIECHER-RÖSSLER

LAST SECTION BOARD ELECTIONS HELD:

Date: 3 April 2017

Venue: EPA Congress Venue, Florence

ACTIVITIES OF THE SECTION IN 2014-2017:**Meetings/events****EPA Congress, Florence, 2017****Description:**

Title of workshop:

Mothers with major mental illness and their young infants: how can we meet the challenges ?

Chair: Dr Angelika Wieck, CoChair: Dr Marisa Casanova Dias

Speakers:

Risks and Challenges in Perinatal Mental Health. Dr A Wieck, Consultant in Perinatal Psychiatry, Greater Manchester Mental Health NHS Foundation Trust and University of Manchester, Lead for Perinatal Mental Health, Greater Manchester and Eastern Cheshire Strategic Network.

Mother and Baby Units. Dr Florence Gressier, Consultant in Perinatal Psychiatry, Hopital Bicetre and University Paris-Sud, France

Maternal mental illness and early parenting interventions. Dr Anne-Laure Sutter. Consultant Perinatal Psychiatrist, University of Bordeaux.

Psychiatric training in perinatal mental health across European countries. Dr Marisa Casanova Diaz, MRCPsych, MSc, Clinical Research Fellow, Institute of Psychological Medicine and Clinical Neurosciences Cardiff School of Medicine, University of Cardiff, Cardiff, UK

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Psychiatric trainees experience of their training in perinatal mental health. Dr Ekin Soenmez, Trainee in Psychiatry, Marmara University School of Medicine, Istanbul, Turkey, President Elect of the European Federation of Psychiatric Trainees.

Developing a curriculum and standards for psychiatric training in perinatal mental health. Dr Liz McDonald. Consultant in Perinatal Psychiatry, Chair of Perinatal Faculty & Lead for Psychiatric Training in Perinatal Mental Health, Royal College of Psychiatrists

Venue: Congress Centre, Florence

Date: April 2017

Attendance: About 150 delegates

EPA Congress, Florence, 2017

Description:

Dr A Wieck (Course Director): The pharmacological management of affective disorders and psychosis during pregnancy and lactation.

An interactive CME Course covering quality of current research, and summary of current research evidence as to whether the main psychotropic drugs used at present cause adverse outcomes to pregnancies and the developing infant, as well as clinical application of evidence to case scenarios that are discussed initially in groups and then with the whole audience.

Venue: Congress Centre, Florence

Date: April 2017

Attendance: 30-40 delegates

EPA Congress, Florence, 2017

Description:

Der A Wieck: Caring for Mothers with Serious Mental Illness. Ask the Expert Session.

Venue: Congress Centre, Florence

Date: April 2017

Attendance: About 8 delegates

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Greater Manchester and Eastern Cheshire Perinatal Mental Health Network Conference

Description:

Organizers: Dr A Wieck and Joanne Langton, Strategic Clinical Network and Christine Furber, University of Manchester.

Title: Perinatal Mental Health: What do I need to know ?

A one day conference on the urgent aspects of care in perinatal mental health for psychiatrists and allied mental health professionals

Venue: Strategic Clinical Network- NHS England, Manchester

Date: 20th June 2017

Attendance: About 200 delegates

Maternal Mental Health

Description:

Organizers: Dr A Wieck with Strategic Clinical Network and University of Manchester

Two one day conferences on Maternal Mental Health were organized for Obstetricians, Midwives and Health Visitors

Venue: University of Manchester

Date: 13 and 27 of March 2017

Attendance: 150 - 200

Perinatal Mental Health Specialist Forum

Description:

Organizers: Dr A Wieck and Joanne Langton, GMEC Strategic Clinical Network, NHS England

A half day meeting of professionals working in perinatal mental health to discuss recent developments and issues in clinical practice, service delivery and research

Venue: Greater Manchester Mental Health NHS Foundation Trust

Date: 5th May 2017

Attendance: 40 delegates

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Perinatal Mental Health Specialist Forum

Description:

Organizers: Dr A Wieck and Joanne Langton, GMEC Strategic Clinical Network, NHS England A half day meeting of professionals working in perinatal mental health to discuss recent developments and issues in clinical practice, service delivery and research

Venue: Greater Manchester Mental Health NHS Foundation Trust

Date: 6th October 2017

Attendance: 40 delegates

II European Meeting on Women's Mental Health

Partners:

A Riecher-Roessler (Chair)

Symposium Title:

Gender Differences in Emerging Psychosis

Venue: University of Barcelona

Date: 26-27 October 2017

II European Meeting on Women's Mental Health

Description:

J Usall - Organizer

A 2 day meeting on recent research developments in Women's Mental Health

Venue: Barcelona, 26-27 October 2017

Date: 26-27 October 2017

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**From well-treatment to abuse: the place of neglect****Description:**

A-L Sutter (organizer)

Partners:

AACIPPP - IRTS d'Aquitaine

Venue: Talence

Date: 19 January 2017

Publications**Prevention of bipolar episodes with lithium in the perinatal period****Journal:**

Br J Psychiatry. 2017 Jul;211(1):3-4.

Authors:

Wieck, A

Acknowledged as official Section publication? No

British Association for Psychopharmacology consensus guidance on the use of psychotropic medication preconception, in pregnancy and postpartum 2017**Journal:**

J Psychopharmacol. 2017 May;31(5):519-552.

Authors:

McAllister-Williams RH, Baldwin DS, Cantwell R, Easter A, Gilvarry E, Glover V, Green L, Gregoire A, Howard LM, Jones I, Khalifeh H, Lingford-Hughes A, McDonald E, Micali N, Pariante CM, Peters L, Roberts A, Smith NC, Taylor D, Wieck A, Yates LM, Young AH; endorsed by the British Association for Psychopharmacology

Acknowledged as official Section publication? No

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**Acceptability of a Positive Parenting Programme on a Mother and Baby Unit: Q-Methodology with Staff.****Journal:**

J Child Fam Stud. 2017;26(2):623-632.

Authors:

Walker S, Wieck A, Wittkowski A.

Acknowledged as official Section publication? No

A qualitative investigation in the role of the baby in recovery from postpartum psychosis**Journal:**

Clin Psychol
Psychother. 2017 Sep;24(5):1099-1108.

Authors:

Plunkett C, Peters S, Wieck A, Wittkowski A

Acknowledged as official Section publication? No

Oestrogens, prolactin, hypothalamic-pituitary-gonadal axis, and schizophrenic psychoses.**Journal:**

Lancet Psychiatry 2017;4(1): 63-72.

Authors:

Riecher-Roessler, A

Acknowledged as official Section publication? No

Sex and gender differences in mental disorders.**Journal:**

Lancet Psychiatry 2017;4(1): 8-9.

Authors:

Riecher-Roessler, A

Acknowledged as official Section publication? No

Sex differences in prolactin levels in emerging psychosis: Indication for enhanced stress reactivity in women.**Journal:**

Schizophr Res 2017;189: 111-16.

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**Authors:**

Ittig S, Studerus E, Heitz U, Menghini-Muller S, Beck K, Egloff L, Leanza L, Andreou C, Riecher-Rössler A.

Acknowledged as official Section publication? No

Autonomy and Reproductive Rights of Married Ikwerre Women in Rivers State, Nigeria.**Journal:**

J Bioeth Inq 2017;14(2): 205-15.

Authors:

Princewill CW, Jegede AS, Wangmo T, Riecher-Rössler A, Elger BS Autonomy and Reproductive Rights of Married Ikwerre Women in Rivers State, Nigeria. J Bioeth Inq 2017;14(2): 205-15.

Acknowledged as official Section publication? No

Risk factors for suicide attempt in pregnancy and the post-partum period in women with serious mental illnesses.**Journal:**

J Psychiatr Res 2017 Jan;84:284-291.

Authors:

Gressier F, Guillard V, Cazas O, Falissard B, Glangeaud-Freudenthal NM, Sutter-Dallay AL.

Acknowledged as official Section publication? No

Maternal depressive symptoms and early childhood cognitive development: a meta-analysis**Journal:**

Psychol Med.2017 Mar;47(4):680-689.

Authors:

Liu Y, Kaaya S, Chai J, McCoy DC, Surkan PJ, Black MM, Sutter-Dallay AL, Verdoux H, Smith-Fawzi MC.

Acknowledged as official Section publication? No

Risk for Autism Spectrum Disorders According to Period of Prenatal Antidepressant Exposure: A Systematic Review and Meta-analysis**Journal:**

JAMA Pediatr. 2017 Jun 1;171(6):555-563.

Authors:

Mezzacappa A, Lasica PA, Gianfagna F, Cazas O, Hardy P, Falissard B, Sutter-Dallay AL, Gressier F.

Acknowledged as official Section publication? No

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**Smoking Trajectories during the Perinatal Period and Their Risk Factors: The Nationally Representative French ELFE (Etude Longitudinale Française Depuis l'Enfance) Birth Cohort Study****Journal:**

Eur Addict Res. 2017;23(4):194-203.

Authors:

El-Khoury F, Sutter-Dallay AL, Van Der Waerden J, Surkan P, Martins S, Keyes K, de Lauzon-Guillain B, Charles MA, Melchior M.

Acknowledged as official Section publication? No

Timing and Chronicity of Maternal Depression Symptoms and Children's Verbal Abilities.**Journal:**

J Pediatr. 2017 Nov;190:251-257.

Authors:

Ahun MN, Geoffroy MC, Herba CM, Brendgen M, Séguin JR, Sutter-Dallay AL, Boivin M, Tremblay RE, Côté SM.

Acknowledged as official Section publication? No

Intensive mothering ideology in France: A pilot study**Journal:**

Encephale. 2017 Dec;43(6):564-569.

Authors:

Loyal D, Sutter Dallay AL, Rascle N

Acknowledged as official Section publication? No

Gender-gaps and glass ceilings: A survey of gender-specific publication trends in Psychiatry between 1994 and 2014.**Journal:**

Eur Psychiatry. 2017 Jul;44:90-95

Authors:

Süßenbacher S, Amering M, Gmeiner A, Schrank B

Acknowledged as official Section publication? No

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Gender differences in C-reactive protein and homocysteine modulation of cognitive performance and real-world functioning in bipolar disorder.

Journal:

J Affect Disord. 2017 Dec 27;229:95-104.

Authors:

Sanchez-Autet M, Arranz B, Safont G, Sierra P, Garcia-Blanco A, de la Fuente L, Garriga M, García-Portilla MP.

Preventive recommendations on the use of valproic acid in pregnant or gestational women to be very present.

Journal:

Rev Psiquiatr Salud Ment. 2017 Jul - Sep;10(3):129-133.

Authors:

García-Portilla MP, Bobes J.

Acknowledged as official Section publication? No

Features of mood associated with high body weight in females with fibromyalgia.

Journal:

Compr Psychiatry. 2018 Jan;80:57-64.

Authors:

Alciati A, Atzeni F, Grassi M, Caldirola D, Sarzi-Puttini P, Angst J, Perna G.

Acknowledged as official Section publication? No

The gender difference in depressive prevalence is due to high prevalence of somatic depression among women who do not have depressed relatives.

Journal:

J Affect Disord. 2017 Mar 1;210:269-272.

doi: 10.1016/j.jad.2017.01.006.

Authors:

Silverstein B, Ajdacic-Gross V, Rossler W, Angst J.

Acknowledged as official Section publication? No

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**Why is depression more common among women than among men?****Journal:**

Lancet Psychiatry. 2017 Feb;4(2):146-158. doi: 10.1016/S2215-0366(16)30263-2.

Authors:

Kuehner C.

Acknowledged as official Section publication? No

Borderline personality disorder and polycystic ovary syndrome: A review of the literature.**Journal:**

Aust N Z J Psychiatry. 2017 Sep 1:4867417730650.

Authors:

Tan RY, Grigg J, Kulkarni J.

Acknowledged as official Section publication? No

Antipsychotic-induced hyperprolactinemia: synthesis of world-wide guidelines and integrated recommendations for assessment, management and future research.**Journal:**

Psychopharmacology (Berl). 2017 Nov;234(22):3279-3297. doi: 10.1007/s00213-017-4730-6. Epub 2017 Sep 9. Review.

Authors:

Grigg J, Worsley R, Thew C, Gurvich C, Thomas N, Kulkarni J.

Acknowledged as official Section publication? No

Oestradiol treatment for mood stabilisation in borderline personality disorder.**Journal:**

Aust N Z J Psychiatry. 2017 Jul;51(7):739. doi: 10.1177/0004867416688100. Epub 2017 Jan 17.

Authors:

Grigg J, Thew C, Kulkarni J.

Acknowledged as official Section publication? No

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**Raloxifene Plus Antipsychotics Versus Placebo Plus Antipsychotics in Severely Ill Decompensated Postmenopausal Women With Schizophrenia or Schizoaffective Disorder: A Randomized Controlled Trial.****Journal:**

J Clin Psychiatry. 2017 Jul;78(7):e758-e765. doi: 10.4088/JCP.15m10498.
PubMed PMID: 28541645.

Authors:

Weiser M, Levi L, Burshtein S, Hagin M, Matei VP, Podea D, Micluția I, Tiugan A, Păcală B, Grecu IG, Noy A, Zamora D, Davis JM.

Acknowledged as official Section publication? No

Verbal Fluency**in Male and Female Schizophrenia Patients: Different Patterns of Association With Processing Speed, Working Memory Span, and Clinical Symptoms.****Journal:**

Neuropsychology.
2017 Oct 16. doi: 10.1037/neu0000394

Authors:

Brébion G, Stephan-Otto C, Ochoa S, Nieto L, Contel M, Usall J.

Acknowledged as official Section publication? No

A large-scale study on the effects of sex on gray matter asymmetry.**Journal:**

Brain Struct Funct. 2017 Jul 26. doi: 10.1007/s00429-017-1481-4. [Epub ahead of print] PubMed PMID: 28748497.

Authors:

Núñez C, Theofanopoulou C, Senior C, Cambra MR, Usall J, Stephan-Otto C, Brébion G.

Acknowledged as official Section publication? No

Screening of alcohol use disorders in psychiatric outpatients: influence of gender, age, and psychiatric diagnosis.**Journal:**

Adicciones. 2017 Jul 14;0(0):885. doi: 10.20882/adicciones.885

Authors:

Sánchez Autet M, Garriga M, Zamora FJ, González I, Usall J, Tolosa L, Benítez

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C, Puertas R, Arranz B.

Acknowledged as official Section publication? No

Presentations at non-section events**Presentations by A. Riecher-Roessler****Setting:**

Women leadership in psychiatry. Lecture at the WPA Congress, Berlin, 09.10.2017.

Riecher-Rössler A (2017) Gender aspects in psychosis high-risk states and first episode patients. Plenary Lecture at the II. European Meeting on Women's Mental Health, Barcelona, 26.-27.10.2017

Acknowledged as official Section presentation? No

Presentations by A-L Sutter**Setting:**

Hearing in the French Senat: State of mental health of children in France. Meeting at Senat Paris, 25 January 2017.

Joint care in perinatal psychiatry, French Marcé Society and WAIMH Conference, Paris 23 March and 8 September 2017

Babies and separations. Conference, Marcé French Society Poitiers 29-30 June

Psychotropic drugs in the perinatal period. Conference, CHEM, Poitiers 28 June 2017.

Alcohol and pregnancy: how to prevent. Conference. French Minister of Health, Paris 6 September 2017.

Bipolar disorders and women's lifetime hormonal variations. Conference, SMP Paris 18 September 2017.

Service Standards for Mother and Baby Units in France. Conference, New Aquitaine Mother and Baby Units Task Force, Paris 28 September 2017.

Quality of infant interactions after antenatal exposure to psychotropic drugs. French Psychiatry Congress Lyon, 30 November - 1 December 2017.

Acknowledged as official Section presentation? No

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**Presentations by M Amering****Setting:**

The needs of Women Users of Mental Health Services and Their Families. 25th European Congress of Psychiatry, 1.-4.4.17, Florence

RECOVERY-ORIENTATION & PEER SUPPORT FOR MOTHERS WITH MENTAL HEALTH PROBLEMS 7th World Congress on Women's Mental Health, March 6-9, 2017, Dublin

Amering M: Women psychiatrists as agents for change. WMH section Symposium. XVII World Congress of Psychiatry, October 8-12, 2017

Acknowledged as official Section presentation? No

Presentations by E Miller**Setting:**

"Women Only" homeless shelter: a low threshold chance to reach out for untreated women suffering from schizophrenia. Women Mental Health, Societat Catalana de psiquiatria i salut mental, 27 October 2017.

Psychiatrische Liaisondienste in der Wohnungslosenhilfe. PSD Wien/ESRA/Wiener Universitätsklinik für Psychiatrie. 15 September 2017

Acknowledged as official Section presentation? No

Presentations by A Wieck**Setting:**

Presentation on 'Bipolar Disorder': The Use of Psychotropic Medication Preconception, in Pregnancy and Postpartum An introduction to the BAP Guidelines. British Association of Psychopharmacology, London, 3 October 2017.

The pharmacological management of bipolar disorder and psychosis during pregnancy and lactation, Masterclass of the British Association of Psychopharmacology, London, 27th April 2017

Perinatal Prescribing Masterclass, Royal College of Psychiatrists. A 1 day event for consultant psychiatrists training in perinatal psychiatry delivered together with Professor Ian Jones from Cardiff University. London, 27 September 2017.

Presentation on : National and local developments in perinatal mental health. A one day conference entitled 'Perinatal Mental Health Services - Improving care for women and families', University of Salford,

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Salford, 11/1/2017

Prescribing Antipsychotic Medication, Perinatal Psychiatry Training Course, Royal College of Psychiatrists, 29th - 31st of May 2017

Prescribing Mood Stabilizers, Perinatal Psychiatry Training Course, Royal College of Psychiatrists 29th - 31st of May 2017

Structuring reports requested by the Family Courts from you as the treating psychiatrist, Perinatal Psychiatry Training Course, Royal College of Psychiatrists, 29th - 31st of May 2017

Serious perinatal mental illnesses and it's challenges. Urgent Care Conference, Greater Manchester and Eastern Cheshire Strategic Clinical Network, NHS England, 20th of June 2017.

Acknowledged as official Section presentation? No

Other Section activities**Other Section activities****Description:**

A Wieck:

I was successful with my application to speak at the Public Hearing of the Pharmacovigilance Risk Assessment Committee (PRAC) of the European Psychiatric Association on the 26th of September 2017. I attended on behalf of the EPA and of my Mental Health Trust in Manchester. I made a case for considering the indication of valproate separately from the indication for neurological conditions and argued that the current guidelines by EMA on the use of valproate in women who have childbearing potential or are pregnant do not adequately protect the unborn children of mothers with bipolar disorder.

I was then invited to attend the Scientific Advisory Group for PRAC-EMA and the Consultation Meeting which took place on the 12th and 13th of October 2017.

Outcomes

The Scientific Advisory Group developed a consensus statement and submitted it to EMA.

The Pharmacovigilance Risk Assessment Committee will publish their new risk assessment and recommendations for the use of valproate in women and girls who have childbearing potential or are pregnant in January 2018.

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Other Section activities

Description:

A Wieck:

As the Clinical Lead for Perinatal Mental Health for Greater Manchester and Eastern Cheshire I lead the funding application of the Strategic Clinical Network for a Specialist Perinatal Community Mental Health Team that allows all pregnant and postnatal women with severe mental health problems and their families in Greater Manchester access to skilled and appropriate mental health care. Further applications are planned for extended provision of psychological therapy and interventions to improve parenting for all women who have mild to severe mental health problems.

Outcomes

The application was successful and the perinatal community mental health team is currently being set up (3.3 Mill £ per year).

Other Section activities

Description:

A Riecher Roessler has become the Editor of the Journal Archives of Women's Mental Health

Time period: 2017

Other Section activities

Description:

Joanna Rymaszewska:

The Stafford Instrument, a comprehensive interview for perinatal mental health conditions and the mother-infant relationship has been translated into Polish with the participation of an expert panel. The aim is to improve clinical training and practice in perinatal mental health and conduct research in Poland.

Time period: 2017

CALENDAR OF ACTIVITIES FOR FUTURE YEARS:

EPA WOMEN, GENDER AND MENTAL HEALTH SECTION REPORT 2014-2017**At the Annual EPA Conference, NICE, 2018**

- Symposium - Recent developments in perinatal mood disorders. Chairs: A Wieck, M Eberhard-Gran
- Symposium - Women Migrants and Refugees : A case for special mental health needs. Chairs: Marisa Casanova Dias, A-L Sutter
- Workshop - Womens mental health: Insights from European Countries. Chairs: Helen Herrman, Natalia Semenova
- CME Course - The pharmacological management of mood disorders and psychosis during pregnancy and lactation. Course Director: A Wieck

Lectures

- **Riecher-Rössler A (2018)** Mentoring for women in psychiatry. Symposium talk at the 26th European Congress of Psychiatry (EPA 2018) - Nice - 3-6 March 2018.
- **Riecher-Rössler A (2018)** Is gender adding complexity to mental disorders? Talk at the 25th International Symposium about Current Issues and Controversies in Psychiatry - Barcelona - 19-21 April 2018
- **Riecher-Rössler A (2018)** Perinatal Mental Health in the World. Lecture at the Second Congress of the Italian Marcé Society for Perinatal Mental Health - Padua - 12 May 2018.

Articles

- **Riecher-Rössler A** & Kulkarni J. Sex and gender differences in schizophrenic psychoses. *Frontiers in Neuroendocrinology* (invited review)

Edited Books

- Tarricone I, **Riecher-Rössler A**, editors. Health and gender. Resilience factors in the health of women in contemporary society. Springer - Heidelberg
- Chandra P, Herrman H, Fisher J, **Riecher-Rössler A**, editors. Mental Health and Illness of Women. In: Sartorius N, Kua EH, Series Editors. Health and Illness Worldwide: Springer -Heidelberg

FUNDING IN 2014-2017

Income: none

Source(s) of funding:

None received

Expenditure: None

Balance: Does not apply

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No