

# EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2022

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Co-chairperson: Prof. Marco SARCHIAPONE  
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Shira BARZILAY;			

#### **LAST SECTION COMMITTEE ELECTIONS HELD:**

Date: December 30th, 2020

Venue: Virtual Elections

#### **ACTIVITIES OF THE SECTION IN 2022:**

##### **Meetings/events**

##### **Suicide Prevention and Social Connection**

###### **Description:**

**Symposium:** Suicide Prevention and Social Connection

**Chairs:** Marco Sarchiapone, Italy; Philippe Courtet, France

###### **Presentations:**

- Social Cohesion, Connection and Prescription: Good ways for Preventing Suicide? (Philippe Courtet, France)
- From Ecological Momentary Assessment to Real Time Intervention (Enrique Baca Garcia, Spain)
- Long term Follow up Study of Phone Contacts in Catalonia (Diego Palao Vidal, Spain)
- National Helplines of Suicide Prevention (Miriam Iosue, Sweden)

**Location:** 30th European Congress of Psychiatry - Budapest, Hungary & Online

**Start date:** 04/06/2022

**End date:** 04/06/2022

### **What Impact has COVID-19 Had on Suicide?**

#### **Description:**

**Symposium:** What Impact has COVID-19 Had on Suicide?

**Chairs:** Danuta Wasserman, Sweden; Andrea Fiorillo, Italy

#### **Presentations:**

- Suicide Prevention in Patients with Severe Mental Disorders (Philippe Courtet, France)
- Suicide in the COVID-19 Pandemic (Danuta Wasserman, Sweden)
- Suicidality in Youth with Mental Disorders (Marco Sarchiapone, Italy)
- Affective Temperaments and Suicidality in Patients with Bipolar Disorder (Mario Luciano, Italy)

**Location:** 30th European Congress of Psychiatry - Budapest, Hungary & Online

**Start date:** 04/06/2022

**End date:** 04/06/2022

### **Presentations at non-section events**

#### **How to Manage Suicidal Risk at Digital Distance**

#### **Setting:**

Workshop: Controversial Issues, Potential Risks and Solutions in Telepsychiatry 30th European Congress of Psychiatry - Budapest, Hungary & Online

**Presenter:** Philippe Courtet

**Event Start date:** 07/06/2022

**Event End date:** 07/06/2022

**Acknowledged as official Section presentation?** Yes

### **Other Section activities**

#### **Suicidal crisis management guidelines 2022 - 2024**

To assist informed decision-making in suicidal crisis management, the members of the EPA Suicidology section are developing consensus recommendations for the evaluation and management of individuals who have recently attempted suicide or are considered at risk for suicide by using the Delphi survey technique. At the beginning of 2022, a panel of 8 experts developed a number of statements. In October 2022, 150 selected psychiatrists with expertise in suicidal behaviours from across Europe were invited to express their agreement or disagreement with each of these statements and provide additional input. After receiving the answers from the initial round, the second round was launched with modified questions that did not reach the initial consensus or emerged during the first round. This study is ongoing, and its final goal is to provide simple, clear and user-friendly European guidelines that clinicians will be able to use in their clinical practice when evaluating and managing individuals with suicidal ideation and behaviours. These guidelines will be published in a peer-reviewed journal, such as European Psychiatry.

**Event Start date:** 01/01/2022

**Event End date:** 31/12/2022

## **Task force on National Suicide Prevention Helplines 2021 - 2023**

In 2021 the Section established a task force on National Suicide Prevention Helplines. The main objectives of the task force are:

- Exchange and systematization of current knowledge and experiences on the best modalities, efficacy and utility of national crisis helplines;
- Identify shared difficulties in the organization and delivery of such helplines, and propose solutions that could be implemented in different countries;
- Discuss the best organizational framework and specific training needs of the implicated service providers;
- Review different legislative practices across different countries and identify possible issues.

The Section Committee conducted a narrative review on the topic and the results were presented during the Section Symposium "Suicide Prevention and Social Connection" at the 30th European Congress of Psychiatry (4-7 June 2022, Budapest, Hungary).

The Section Committee is planning to organize a meeting of the Task Force during the 31st European Congress of Psychiatry (25-28 March 2023, Paris, France). The meeting will be aimed at sharing best practices, issues, challenges and training needs with the final goal to unify this important tool in suicide prevention.

**Event Start date:** 01/01/2022

**Event End date:** 31/12/2022

## **Section website 2017 - 2024**

The Section has an external website (<https://suicidologysection.org/>).

The members of the Section are working on the update and relaunch of the website that is planned for the spring of 2022. The website will contain information about the assessment and management of individuals with suicidal ideation and behaviours, and provide updates on important new scientific studies, available guidelines, challenging and stimulating topics, available open access educational materials, contacts of relevant organization and helpline numbers, as well as relevant upcoming events. This website aspires to be a reference for clinicians, students and trainees interested in the suicidal behaviours.

**Event Start date:** 01/01/2022

**Event End date:** 31/12/2022

## **FUTURE ACTIVITIES:**

### **Meetings/events**

#### **Suicidology and brain imaging**

**Description:**

**Chairs:** Philippe Courtet, Maria Gloria Rossetti

**Presenters:**

- Emilie Olié
- Maurizio Pompili
- Raffaella Calati

**Partners:** EPA Section on Neuroimaging

**Location:** 31st European Congress of Psychiatry - Paris, France

**Start date:** 25/03/2023

**End date:** 28/03/2023

## Publications

### The role of rapid acting antidepressants in suicidal crisis management

**Journal:** In Mental Health Research and Practice: from evidence to experience (Fiorillo, A., Gorwood, P., Falkai, P., editors). Cambridge University Press

**Authors:** Lengvenyte, A., Sarchiapone, M., Iosue, M., Courtet, P.

**(Expected) Publication date:** 01/05/2023

**Acknowledged as official Section publication?** Yes

## FUNDING IN 2022

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