



## **EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2021**

### **SECTION COMMITTEE MEMBERS:**

Chairperson: Prof. Philippe COURTET  
Co-chairperson: Prof. Marco SARCHIAPONE  
Secretary: Mrs. Miriam IOSUE  
Councillor:

### **LAST SECTION COMMITTEE ELECTIONS HELD:**

Date: December 30th, 2020  
Venue: Virtual Elections

### **ACTIVITIES OF THE SECTION IN 2021:**

#### **Meetings/events**

#### **Social Distancing and Suicide in COVID-19 Age**

##### **Description:**

##### **LIVE - Symposium: Social Distancing and Suicide in COVID-19 Age**

**Chairs:** P. Courtet, France; D. Wasserman, Sweden

##### **Presentations:**

- How COVID-19 Related Psycho-social Stressors Affect Longevity (D. Moser, Switzerland)
- Suicidal Ideation on the Early COVID-19 Pandemic and Lockdown in General Population in Spain (P. Saiz, Spain)
- Impact of Confinement Measures in Patients Suffering from Mood Disorders (E. Olie, France)
- Swedish Perspectives and Ethical Discussion (D. Wasserman, Sweden)

**Location:** 29th European Congress of Psychiatry (virtual)

**Start date:** 11/04/2021

**End date:** 11/04/2021

#### **Suicidal Risk in Bipolar Patients: Vulnerability and Mediators?**

##### **Description:**

##### **Symposium: Suicidal Risk in Bipolar Patients: Vulnerability and Mediators?**

**Chairs:** E. Olie, France; B. Etain, France



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### ***Presentations:***

- Prevalence and Correlates of Suicidal Behaviour in Adolescents with Bipolar Disorder (S. Romero, Spain)
- Links Between Childhood Maltreatment and Suicide Risk in Bipolar Disorders: Direct or Indirect? (B. Etain, France)
- What is Special About Suicidal Depression? (P. Courtet, France)
- Risk Factors for Suicidal Behaviours in Late-onset Bipolar Disorder (A. Lengvenyte, France)

**Location:** 29th European Congress of Psychiatry (virtual)

**Start date:** 12/04/2021

**End date:** 12/04/2021

### **(Assisted) Suicide in the Elderly**

#### **Description:**

#### **Workshop: (Assisted) Suicide in the Elderly**

**Chairs:** G. Stoppe, Switzerland; D. De Leo, Australia

#### ***Presentations:***

- Suicide in the Very Old (D. De Leo, Australia)
- Rational Suicide in the Elderly (P. Zeppegno, Italy)
- Clinical Management of Late Life Depression and Suicidality in the Oldest-old (M. Stek, Netherlands)
- What Interventions Work for Suicide Prevention? And Do They Work for the Elderly? (C. Van der Feltz-Cornelis, United Kingdom)
- Media and Suicidal Behaviour (U. Hegerl, Germany)

#### **Partners:**

In collaboration with the Section on Old Age Psychiatry.

**Location:** 29th European Congress of Psychiatry (virtual)

**Start date:** 12/04/2021

**End date:** 12/04/2021

### **Online Education in Suicide Prevention in the Field of Higher Education in Europe**



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### **Description:**

**Workshop: Online Education in Suicide Prevention in the Field of Higher Education in Europe**

**Chair:** A. Baran, Sweden

### ***Presentations:***

- Why Is It Important to Involve People with Lived Experience in the Development of the Educational Programs in Suicide Prevention? (M. Stensmark, Sweden)



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- Focus Group Interview as a Research Method in the Development of the E-learning in Suicide Prevention for Students in Poland (A. Kwiatkowska, Poland)
- What Can We Learn from the Focus Groups on Suicide Prevention? FG with Social Work Students, Policeman and Clinical Psychologists (K. Indries, Hungary)
- What Can We Learn From the Focus Groups about Suicide Prevention? (K. Oriold, Hungary)
- A MOOC on suicidal behaviour The French Experience (J. Lopez-Castroman, France)
- The Opportunities and Challenges of Working with the Development of the ELLIPSE-project Before, During and After the COVID-19 Pandemic (A. Baran, Sweden)

**Location:** 29th European Congress of Psychiatry (virtual)

**Start date:** 13/04/2021

**End date:** 13/04/2021

### **Presentations at non-section events**

#### **Suicide in prison**

**Setting:**

Eastern-European Conference of Mental Health "In and Out of Your Mind"

**Presenter:** Marco Sarchiapone

**Event Start date:** 30/09/2021

**Event End date:** 30/09/2021

**Acknowledged as official Section presentation?** Yes

### **Other Section activities**

**Description:**

#### **Task force on "National Suicide Prevention Helplines"**

In 2021 the Section established a task force on "National Suicide Prevention Helplines".

The main objectives of the task force are:

- Exchange and systematization of current knowledge and experiences on the best modalities, efficacy and utility of national crisis helplines;
- Identify shared difficulties in the organization and delivery of such helplines, and propose solutions that could be implemented in different countries;
- Discuss the best organizational framework and specific training needs of the implicated service providers;



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- Review different legislative practices across different countries and identify possible issues.

Expected deliverables of this task force are:

- organization of a meeting focusing on this topic during the next EPA congress in Budapest;
- a proposal for an international symposium for a future meeting;
- collaborative publications focused on this topic across different countries (e.g., epidemiological assessment comparing different practices across countries, guidance on specific training and crisis management via helplines).

**Event Start date:** 02/04/2021

**Event End date:** 07/03/2022

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### FUTURE ACTIVITIES:

#### Meetings/events

##### Suicide Prevention and Social Connection

###### Description:

###### Symposium: Suicide Prevention and Social Connection

**Chairs:** Marco Sarchiapone, Italy; Philippe Courtet, France

###### Presentations:

- Social Cohesion, Connection and Prescription: Good ways for Preventing Suicide? (Philippe Courtet, France)
- From Ecological Momentary Assessment to Real Time Intervention (Enrique Baca Garcia, Spain)
- Long term Follow up Study of Phone Contacts in Catalonia (Diego Palao Vidal, Spain)
- National Helplines of Suicide Prevention (Miriam Iosue, Sweden)

**Location:** 30th European Congress of Psychiatry - Budapest, Hungary & Online

**Start date:** 04/06/2022

**End date:** 04/06/2022



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### **What Impact has COVID-19 Had on Suicide?**

#### **Description:**

#### **Symposium: What Impact has COVID-19 Had on Suicide?**

**Chairs:** Danuta Wasserman, Sweden; Andrea Fiorillo, Italy

#### **Presentations:**

- Suicide Prevention in Patients with Severe Mental Disorders (Philippe Courtet, France)
- Suicide in the COVID-19 Pandemic (Danuta Wasserman, Sweden)
- Suicidality in Youth with Mental Disorders (Marco Sarchiapone, Italy)
- Affective Temperaments and Suicidality in Patients with Bipolar Disorder (Mario Luciano, Italy)

**Location:** 30th European Congress of Psychiatry - Budapest, Hungary & Online

**Start date:** 04/06/2022

**End date:** 04/06/2022

## **Publications**

### **The role of rapid acting antidepressants in suicidal crisis management**

#### **Journal:**

In Mental Health Research and Practice: from evidence to experience (Fiorillo, A., Gorwood, P., Falkai, P., editors). Cambridge University Press

#### **Authors:**

Lengvenyte, A., Sarchiapone, M., Iosue, M., Courtet, P.

**(Expected) Publication date:** 01/05/2022

**Acknowledged as official Section publication?** Yes

## **Presentations at non-section events**

### **How to Manage Suicidal Risk at Digital Distance**

#### **Setting:**

Workshop: Controversial Issues, Potential Risks and Solutions in Telepsychiatry  
30th European Congress of Psychiatry - Budapest, Hungary & Online



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**Presenter:** Philippe Courtet

**Event Start date:** 07/06/2022

**Event End date:** 07/06/2022

**Acknowledged as official Section presentation?** Yes

### **FUNDING IN 2021**

Income: n.a.

Source(s) of funding:

n.a.

Expenditure: n.a.

Balance: n.a.

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: Yes