



EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2021

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Andrea RABALLO
Co-chairperson: Prof. Dr. Nadja P. MARIC
Secretary: Dr. Liene SILE
Councillor: Prof. Anita RIECHER-RÖSSLER
Councillor: Joachim KLOSTERKÖTTER
Councillor: Petr WINKLER

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 2020
Venue: Virtually via emails

ACTIVITIES OF THE SECTION IN 2021:

Meetings/events

Section Zoom meeting

Description:

Last Meeting Follow-up

There are some struggles with section organizational works due covid-19 situation, nevertheless section remains active in programme proposals for EPA 2021

There are publications released from section members, as well as individual activities which are still important in frames of section scope.

New Business

To be more flexible in times of online learning, conferences- to develop tools in internet version to be



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available for anyone interested in mental health.

To start developing the tool for specialists about Psychosis and early intervention (something like text-book, but interactive based in internet with possibility for section members to edit the text and rewrite it in national language).

To think about proposal for an MOOC with a focus on psychotic disorders.

Discussion about new survey for a publication- the main objectives include real available training for a resident of psychiatry across the different European countries. This publication could be a fundament for a developing the educational material for psychiatrist- as a key elements and main topic to know about psychotic disorders and their treatment.

Continue a collaboration with other sections (for e.g. Section of schizophrenia).

Also there were three individual activities from section members which were mentioned as important for section:

1) EPA Section of Prevention of Mental disorder Councillor RIECHER-RÖSSLER Anita, Has received award of highly cited researcher of Web of Science in 2020 in the field of psychiatry and psychology <https://publons.com/researcher/4045487/anita-riecher-rossler/>

2) EPA Section of Prevention of Mental disorder Councillor Petr Winkler

Is one of the founder of the web- based project

www.mymentalhealth.guide<<http://www.mymentalhealth.guide>>

and www.samopomo.ch<<http://www.samopomo.ch>> - a nation-wide effort to increase population mental health literacy (i.e. knowledge and skills to obtain and maintain good mental health, understanding mental disorders and their treatment, decreasing stigma related to mental disorders, and enhancing help-seeking).

3) EPA Section of Prevention of Mental disorder Secretary Liene Sile is voluntated and started the initiative with leading only existing Balint group in Latvia for doctors working in COVID-19 internal medicine, intensive care and reanimation units.

Location: Virtual meeting

Start date: 26/02/2021

End date: 26/02/2020

Attendance: Stephan.ruhrmann@uk-koeln.de, s.lawrie@ed.ac.uk, frau.schultze-lutter@lvr.de, dusica.lecictosevski@eunet.rs, Prim. dr Goran Račetović, Anita.Riecher@unibas.ch, musalek@api.or.at, nadjamaric@yahoo.com, petr.winkler@nudz.cz, andrea.raballo@unipg.it, joachim.klosterkoetter@uk-koeln.de, olivier.andlauer@gmail.com, judith.van-der-waerden@inserm.fr, lieneberze@gmail.com,



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Preventing the "Hype, Hope and Disappointment" Cycle in Early Intervention of Psychosis

Description:

Chair(s) A. Raballo, Italy; L. Sile, Latvia

Session Description

Proposed by the EPA Section on Prevention of Mental Disorders - Early intervention in Psychosis is one of the most dynamic and original areas in contemporary mental health for several interrelated reasons. Indeed, in the last two decades EIP has been a tremendous catalyzer for research, service-reform and concept-innovation in the broader field of psychiatry. However, as every innovative paradigm, EIP has entered a maturity phase in which reconceptualization of goals, strategies and opportunities to solve wide-scale, real-world problems are mandatory. This symposium will offer a critical, multilateral over-view of the EIP field, capitalizing on the contribution of leading international clinicians and researchers who have a direct, plurennial experience in the field. The symposium proposal is a collegial expression of the EPA Section of prevention of mental disorders.

Location: EPA congress 2021

Start date: 11/04/2021

End date: 11/04/2021

Early Intervention in Psychoses: Assessment and Treatment to Improve Functional Outcome

Description:

Chair(s) A. Mucci, Italy; A. Raballo, Italy

Session Description

Proposed by the EPA section on Schizophrenia and Prevention of Mental Disorders - Psychotic disorders and particularly schizophrenia are severe mental illnesses which typically emerge during adolescence and young adulthood. This symposium will address two important components of early intervention aiming at improving functional outcomes in schizophrenia and other psychotic disorders, namely timely assessment and treatment. Briefly, Prof. Mucci (Italy) will discuss functional impairment in recent-onset schizophrenia spectrum disorders, Prof. Glenthøj (Denmark) will focus on early assessment of negative symptoms and related treatment strategies. Then Prof. Thorup (Denmark) will illuminate the often-neglected aspect of Family high risk populations and their value for the purpose of early intervention. Finally, Prof. Rancans (Latvia) will present a critical overview of the treatment of schizophrenia from a real world perspective.



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Location: EPA congress 2021

Start date: 12/04/2021

End date: 12/04/2021

Working as a team and involving families

Description:

Course Director: Merete Nordentoft, Denmark

Mental illness is associated with high burden of disease and it has severe individual and societal consequences. It will be of immense value to be able to intervene in risk groups identified before onset of psychosis and other severe psychiatric disorders. In first episode psychosis, early Intervention services with team-based intensive case management and family involvement are superior to standard treatment in reducing psychotic and negative symptoms and comorbid substance abuse and improving social functioning and user satisfaction. As an introduction, the results of the OPUS-trial will be presented together with meta-analyses based on similar trials. The basic principles for working in an early intervention team will be presented and discussed. Involving families is a cornerstone in early intervention. Family involvement can be in many different formats, depending on the needs and preferences of the patients and the relatives. The multifamily group approach will be presented with vignettes and tried out in role plays. The implementation of OPUS all over Denmark will be presented together with the Danish OPUS-fidelity study.

Location: EPA congress 2021

Start date: 11/04/2021

End date: 11/04/2021

The ABC of the Clinical-diagnostic Interview

Description:

The diagnostic interview remains at the heart of clinical psychiatric practice. It consist of a dialogue between two subjects with the common goal of clarifying symptoms and diagnosis. It is precisely within such dialogic setting that the manifold diversity of psychopathological phenomena emerges, often beyond the descriptive boundaries of diagnostic glossaries. Indeed, the interview is a vital prerequisite to treatment and invariably sets the tone for the therapeutic alliance. The course, which capitalizes on the personal experience as a service user of one of the co-directors, is built upon a combination of live patient interview, discussions and short lectures. It will address foundational aspects of the psychiatric interview, focusing on strategic-technical aspects and relational-empathic skills; and also provide concrete advices,



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tips and tricks from experienced interviewers and patients. Key learning points will be: 1. how to establish an atmosphere of interpersonal trust and to initiate the diagnostic process, 2. how to ask “the right questions”, 3. how to explore the meaning behind common language phrases like “I feel depressed” or “I have had a nervous breakdown”, 4. how to discriminate between normal”, morbid and psychotic; and between subjective experience, notions and expressed behavior. 5. how to choose the best diagnostic tools and instruments.

Location: Virtual EPA congress

Start date: 10/04/2021

End date: 10/04/2021

Symposium: Preventing the "Hype, Hope and Disappointment" Cycle in Early Intervention of Psychosis

Description:

Proposed by the EPA Section on Prevention of Mental Disorders. - Early intervention in Psychosis is one of the most dynamic and original areas in contemporary mental health for several interrelated reasons. Indeed, in the last two decades EIP has been a tremendous catalyzer for research, service-reform and concept-innovation in the broader field of psychiatry. However, as every innovative paradigm, EIP has entered a maturity phase in which reconceptualization of goals, strategies and opportunities to solve wide-scale, real-world problems are mandatory. This symposium will offer a critical, multilateral over-view of the EIP field, capitalizing on the contribution of leading international clinicians and researchers who have a direct, plurennial experience in the field. The symposium proposal is a collegial expression of the EPA Section of prevention of mental disorders.

Location: EPA congress 2021

Start date: 11/04/2021

End date: 11/04/2021

Publications

Establishing a clinical service to prevent psychosis: What, how and when? Systematic review.

Journal:

Transl Psychiatry. 2021 Jan 13;11(1):43. doi: 10.1038/s41398-020-01165-x. PMID: 33441556; PMCID: PMC7807021.

Authors:



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Salazar de Pablo G, Estradé A, Cutroni M, Andlauer O, Fusar-Poli P.

(Expected) Publication date: 13/01/2021

Acknowledged as official Section publication? Yes

Prevention of psychosis : moving on from the at-risk mental state to universal primary prevention.

Journal:

Cambridge University press

Authors:

Murray, R. M., David, A. S., & Ajnakina, O. (2021).

(Expected) Publication date: 14/01/2021

Acknowledged as official Section publication? Yes

Mental health in the second year of the COVID-19 pandemic: protocol for a nationally representative multilevel survey in Serbia.

Journal:

BMJ Open. 2021 Sep 21;11(9):e053835. doi: 10.1136/bmjopen-2021-053835. PMID: 34548371; PMCID: PMC8457998.

Authors:

Marić NP, Lazarević LB, Mihić L, Pejovic Milovancevic M, Terzić Z, Tošković O, Todorović J, Vuković O, Knezevic G.

(Expected) Publication date: 21/09/2021

Acknowledged as official Section publication? No

Establishing a clinical service to prevent psychosis: What, how and when? Systematic review.

Journal:

Transl Psychiatry. 2021 Jan 13;11(1):43.

Authors:

Salazar de Pablo G, Estradé A, Cutroni M, Andlauer O, Fusar-Poli P.

(Expected) Publication date: 13/01/2021

Acknowledged as official Section publication? Yes

Prediction of clinical outcomes beyond psychosis in the ultra-high risk for psychosis population



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Journal:

<https://doi.org/10.1111/eip.13002>

Authors:

Polari A, Yuen HP, Amminger P, Berger G, Chen E, deHaan L, Hartmann J, Markulev C, McGorry P, Nieman D, Nordentoft M, Riecher-Rössler A, Smesny S, Stratford J, Verma S, Yung A, Lavoie S, Nelson B

(Expected) Publication date: 17/06/2021

Acknowledged as official Section publication? Yes

Novel Gyrfication Networks Reveal Links with Psychiatric Risk Factors in Early Illness

Journal:

<https://doi.org/10.1093/cercor/bhab288>

Authors:

Sanfelici R, Ruef A, Antonucci LA, Penzel N, Sotiras A, Dong MS, Urquijo-Castro M, Wenzel J, Kambeitz-Ilankovic L, Hettwer MD, Ruhrmann S, Chisholm K, Riecher-Rössler A, Falkai P, Pantelis C, Salokangas RKR, Lencer R, Bertolino A, Kambeitz J, Meisenzahl E, Borgwardt S, Brambilla P, Wood SJ, Upthegrove R, Schultze-Lutter F, Koutsoleris N & Dwyer DB

(Expected) Publication date: 21/09/2021

Acknowledged as official Section publication? Yes

Association between tobacco use and symptomatology in individuals at ultra-high risk to develop a psychosis: A longitudinal study.

Journal:

Schizophrenia Research,

Authors:

Van der Heijden HS, Schirmbeck F, McGuire P, Valmaggia LR, Kempton MJ, Van der Gaag M, Nelson B, Riecher-Rössler A, Bressan R, Barrantes-Vidal N, Ruhrmann S, Sachs G, de Haan L & Vermeulen JM

(Expected) Publication date: 30/12/2021

Acknowledged as official Section publication? Yes

Characterization and prediction of clinical pathways of



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vulnerability to psychosis through graph signal processing.

Journal:

Elife, 10, e59811.

Authors:

Sandini C, Zöllner D, Schneider M, Tarun A, Armondo M, Nelson B, Amminger PG, Yuen HP, Markulev C, Schäffer MR, Mossaheb N, Schlögelhofer M, Smesny S, Hickie IB, Berger GE, Chen EYH, de Haan L, Nieman DH, Nordentoft M, Riecher-Rössler A, Verma S, Thompson A, Yung AR, McGorry PD, de Ville DV & Eliez S

(Expected) Publication date: 30/12/2021

Acknowledged as official Section publication? Yes

Development of public stigma toward people with mental health problems in Czechia 2013–2019

Journal:

European Psychiatry

Authors:

Petr Winkler

Tomáš Formánek

Karolína Mladá

and

Sara Evans Lacko

(Expected) Publication date: 16/08/2021

Acknowledged as official Section publication? Yes

Mental Health and Quality & Safety of Care in Czech Residential Institutions during the COVID-19 Pandemic: A Mixed-Methods Study

Journal:

Psychiatric Quarterly (2021) 92:1393–1411

Authors:

Zoe Guerrero · Akmal-Alikhan Aliev · Lucie Kondrátová · Bibiána Jozefiaková · Natálie Nesázelová · Josephine Gabriela Saňáková · Petr Winkler

(Expected) Publication date: 21/03/2021

Acknowledged as official Section publication? No



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Editorial: Children, Adolescents and Families with Severe Mental Illness: Towards a Comprehensive Early Identification of Risk.

Journal:

Frontiers in Psychiatry, 12: 812229. doi: 10.3389/fpsyt.2021.812229

Authors:

Raballo A, Schultze-Lutter F, Armando M (2021).

(Expected) Publication date: 03/12/2021

Acknowledged as official Section publication? Yes

Clinical high-risk of and conversion to psychosis in the community: A three-year follow-up of a cohort study.

Journal:

Schizophrenia Research, 228: 616-618. doi: 10.1016/j.schres.2020.11.032

Authors:

Schultze-Lutter F, Schimmelmann BG, Michel C (2021).

(Expected) Publication date: 02/02/2021

Acknowledged as official Section publication? Yes

Towards clinical application of prediction models for transition to psychosis: A systematic review and external validation study in the PRONIA sample.

Journal:

Neuroscience & Biobehavioral Reviews, 125: 478-492. doi: 10.1016/j.neubiorev.2021.02.032.

Authors:

Rosen M, Betz LT, Schultze-Lutter F, Chisholm K, Haidl TK, Kambeitz-Ilankovic L, Bertolini A, Borgwardt S, Brambilla P, Lencer R, Meisenzahl E, Ruhrmann S, Salokangas RKR, Upthegrove R, Wood SJ, Koutsouleris N, Kambeitz J, for the PRONIA Consortium (2021).

(Expected) Publication date: 01/06/2021

Acknowledged as official Section publication? Yes

Multimodal prognosis of negative symptom severity in individuals at increased risk of developing psychosis.

Journal:

Translational Psychiatry, 11: 312. doi: 10.1038/s41398-021-01409-4

Authors:



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Hauke DJ, Schmidt A, Studerus E, Andreou C, Riecher-Rössler A, Radua J, Kambeitz J, Ruef A, Dwyer D, Kambeitz-Illankovic J, Lichtenstein T, Sanfelici R, Penzel N, Haas S, Antonucci LA, Lalousis PA, Chisholm K, Schultze-Lutter F, Ruhrmann S, Hietala J, Brambilla P, Koutsouleris N, Meisenzahl E, Pantelis C, Rosen M, Salokangas RKR, Upthegrove R, Wood S, Borgwardt S, and the PRONIA group (2021).

(Expected) Publication date: 12/05/2021

Acknowledged as official Section publication? Yes

Duration of basic and attenuated-psychotic symptoms in individuals at clinical high risk for psychosis: pattern of symptom onset and effects of duration on functioning and cognition.

Journal:

BMC Psychiatry, 21: 339. doi: 10.1186/s12888-021-03267-2

Authors:

Staines L, Gajwani R, Gross J, Gumley AI, Lawrie SM, Schwannauer M, Schultze-Lutter F, Uhlhaas PJ (2021).

(Expected) Publication date: 07/07/2021

Acknowledged as official Section publication? Yes

Mental health services during the first wave of the COVID-19 pandemic in Europe: Results from the EPA Ambassadors Survey and implications for clinical practice.

Journal:

Eur Psychiatry. 2021 Jun 9;64(1):e41. doi: 10.1192/j.eurpsy.2021.2215.

Authors:

Rojnic Kuzman M, Vahip S, Fiorillo A, Beezhold J, Pinto da Costa M, Skugarevsky O, Dom G, Pajevic I, Peles AM, Mohr P, Kleinberg A, Chkonia E, Balazs J, Flannery W, Mazaliauskiene R, Chihai J, Samochowiec J, Cozman D, Mihajlovic G, Izakova L, Arango C, Goorwod P.

(Expected) Publication date: 01/06/2021

Acknowledged as official Section publication? Yes

Changes of neurocognitive status in patients with the first-episode psychosis after 18 months of treatment-A prospective cohort study.

Journal:



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Psychiatr J Psy Res. 2021 Oct;304:114131. doi:
10.1016/j.psychres.2021.114131. Epub 2021 Jul 19. PMID: 34332430

Authors:

Bosnjak Kuharic D, Makaric P, Kekin I, Rossini Gajsak L, Zivkovic M,
Ostojic D, Silic A, Bajic Z, Lukacevic Lovrencic I, Beezhold J, Rojnic
Kuzman M.

(Expected) Publication date: 21/10/2021

Acknowledged as official Section publication? Yes

Integration of mental health comorbidity in medical specialty programs in 20 countries

Journal:

International Journal of Psychiatry
in Medicine 56, 4, 278-293. Doi.org/: 10.1177/00912174211007675

Authors:

Herhard H, Sartorius N, ...Lecic-Tosevski D...et al.

(Expected) Publication date: 07/04/2021

Acknowledged as official Section publication? No

Changes in national rates of psychiatric beds and incarceration in Central Eastern Europe and Central Asia from 1990-2019: A retrospective database analysis.

Journal:

The Lancet Regional Health –
Europe. doi.org/10.1016/j.lanep.2021.100137.

Authors:

Mundt PA, Rozas SE,Lecic-Tosevski D, Randjelovic D...et al. (2021).

(Expected) Publication date: 05/06/2021

Acknowledged as official Section publication? Yes

Gender, age at onset, and duration of being ill as predictors for the long-term course and outcome of schizophrenia: an international multicenter study.

Journal:

CNS spectrums, 1–8. Advance online publication. <https://doi.org/10.1017/S1092852921000742>

Authors:

Fountoulakis, K. N., Dragioti, E., Theofilidis, A. T., Wiklund, T., Atmatzidis, X., Nimatoudis, I., Thys, E.,



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Wampers, M., Hranov, L., Hristova, T., Aptalidis, D., Milev, R., Iftene, F., Spaniel, F., Knytl, P., Furstova, P., From, T., Karlsson, H., Walta, M., Salokangas, R., ... De Hert, M. (2021).

(Expected) Publication date: 09/08/2021

Acknowledged as official Section publication? Yes

Presentations at non-section events

How to recognize individuals at risk for psychosis.

Setting:

Congresso Nacional de Psiquiatria 2021 de Sociedade Portuguesa, Virtual,
18.11.2021

Presenter: Anita Riecher-Rössler (2021)

Event Start date: 18/11/2021

Event End date: 18/11/2021

Acknowledged as official Section presentation? Yes

The Structured Interview for Psychosis-Risk Syndromes (SIPS) and the Schizophrenia Proneness Instruments (SPI-A / SPI-CY) (29 CME points)

Setting:

3-day online-training in early detection of psychosis:

Presenter: Schultze-Lutter, Frauke

Event Start date: 16/12/2021

Event End date: 18/12/2021

Acknowledged as official Section presentation? Yes

FUTURE ACTIVITIES:

Publications

Covid-19-related stressors and mental disorders and distress: A cross-sectional, nationally-representative, face-to-face survey in Serbia.

Journal:

<https://doi.org/10.31234/osf.io/j3ac8>

Authors:

Maric, N. P., Prof, Lazarevic, L. B., Priebe, S., Mihic, L., Milovancevic, M. P., Supic, Z. T., ... Knezevic, G



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(Expected) Publication date: 16/02/2022

Acknowledged as official Section publication? Yes

The Serbian COVID-19 Stress Scale and vaccine acceptance: is there a place for COVID-19-related distress in explaining attitudes towards vaccination?

Journal:

Public Health. 2022 Jan 24;205:37-42. doi: 10.1016/j.puhe.2022.01.015. Epub ahead of print. PMID: 35231836; PMCID: PMC8784534.

Authors:

Mihić L, Terzić-Šupić Z, Todorović J, Marić NP.

(Expected) Publication date: 01/02/2022

Acknowledged as official Section publication? No

The Pan-London Network for Psychosis-Prevention (PNP)

Journal:

Accepted for publication in January 2022 in BJPsych Bulletin

Authors:

Flavia Napoletano, Jonathan Buhagiar, Olivier Andlauer, Silvia Murguia-Asensio, Savithasri V. Eranti, Paolo Fusar-Poli, Elvan Akyuz, Andrés Estradé, Tom J. Spencer, Kerry Wilding, Martin Smith, Sharon Fitzell, Victoria Sear, Adelaide Ademan, Andrea De Micheli, Philip McGuire, Christine David and Susham Gupta.

(Expected) Publication date: 01/01/2022

Acknowledged as official Section publication? Yes

FUNDING IN 2021

Income: -

Source(s) of funding:

-

Expenditure: -

Balance: -

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No