

EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2014-2017

SECTION BOARD MEMBERS:

Chairperson: Prof. Joachim KLOSTERKÖTTER
Co-chairperson: Prof. Anita RIECHER-RÖSSLER
Secretary: Prof. Dr. Stephan RUHRMANN
Councillor:

LAST SECTION BOARD ELECTIONS HELD:

Date: 01/04/2014
Venue: Munich/Germany

ACTIVITIES OF THE SECTION IN 2014-2017:

Meetings/events

EPA Section Meeting 2014

Description:

Preparation of the election of a new board: Proposal of Joachim Klosterkötter (Chair), Anita Riecher (Co-chair), Stephan Ruhrmann (Secretary). To enable a voting by all members, even if they did not have the opportunity to attend the congress, it was decided to elect the new board by E-Mail. Discussion of the progress of the guidance paper on prediction and prevention of psychosis. A distinguished group of authors spanning different part of Europe has been invited. A first draft is expected in July/August 2014, submission to the EPA for approval in September 2014. Prevention of Bipolar disorders, of work place related mental disorders and of mental disorders in children of mentally ill parents are discussed as possible topics for future guidance papers of the section. To further elucidate the current state of the art, it was agreed to organize two section symposia at the next conference in Vienna, one on the prevention of mental disorders (topics: suicide, bipolar disorder, depressive disorder, psychoses, alcohol addiction) and one on prevention of mental disorders in children of mentally ill parents, planned as a joined symposium with the Section on Child and Adolescent Psychiatry.

Venue: EPA Munich, Congress Center

Date: March 4, 2014

Attendance: Section Members

EPA Section Meeting 2015

Description:

Members from Germany, Finland and the Switzerland took part in the annual section meeting. It was agreed to distribute guidance materials and to organize guidance workshops in different parts of Europe.

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Prevention of Bipolar Disorders of Work Place related to Mental Disorders and of Mental Disorders in Children of mentally ill parents were discussed as topics for future guidance papers of the section. To further elucidate the current state of the art, it was agreed to organize two section symposia at the 5th European Conference on Schizophrenia Research 2015 in Berlin with the focus on epidemiological aspects of prevention. The next section meeting will be held at the next EPA conference, too.

Venue: ACV – Austria Center Vienna

Date: March 30, 2015

Attendance: Section members from Germany, Finland and the Switzerland

EPA Section Meeting 2016

Description:

Preparation of a Survey on early detection and -intervention services for psychosis designed as a short questionnaire.

The 16-item questionnaire was sent to representatives (presidents and secretaries) of 40 EPA national societies/associations (NPAs) representing 37 countries. The representatives were also invited to recommend a person for additional information about ED/EI services/programs in the country. A total of 25 responses were received. The results will be presented in the presentation 'The current European status' at the Section Symposium 'Early Detection and -Intervention for Psychosis – The European Status and Perspective' at the EPA congress 2017 in Florence.

Venue: Madrid/Spain

Date: March 14, 2016

Attendance: Section Members from Switzerland, Serbia and Germany

EPA Section Meeting 2017

Description:

It was agreed to distribute guidance materials and to organize guidance workshops in different parts of Europe. The two EPA guidance publications (on prediction and on prevention of first episode psychosis) found a broad and positive resonance in the European psychiatric community and the recommendations have meanwhile been published in German (Resch et al. , Psych up2date 2017; 11: 131-147) and French (Michel et al. 2017, L'Encéphale doi:10.1016/j.encep.2017.01.005). As Martina Rojnic Kuzman reported that a Croatia version is under preparation. To further elucidate the current state of the art, a survey of the early detection and early intervention program programs and services in Europe was conducted by N.

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Marić-Bojović and A. Riecher-Rössler in collaboration with S. Andric , A. Raballo, M. Rojnic-Kuzman, J. Klosterkötter. It was based on a 16 item questionnaire, which was sent to representatives (presidents and secretariats) of 40 EPA National Societies/Associations (NPAs), representing 37 countries. Results were presented at the section symposium at the EPA-congress (abstract:

http://www.epa-congress.org/scientific-information/interactive-programme#.WP-Lp_5PoaU)

Venue: Florence, Italy

Date: April 3, 2017

Attendance: Nađa Marić-Bojović (Serbia), Cyril Höschl (Czech Republic), Joachim Klosterkötter (Germany), Andrea Raballo (Italy/Norway), Martina Rojnic Kuzman (Croatia), Stephan Ruhrmann (Germany)

Joint Section Symposium with the "Schizophrenia" Section Tailoring Intervention to early psychosis and at-risk mental states**Description:**

Joint Section Symposium with the "Schizophrenia" Section

Tailoring intervention to early psychosis and at-risk mental states

Chair: Stephan Ruhrmann, Germany

Co-chair: Anita Riecher-Rössler, Switzerland

Clinical Needs of Individuals in an At-risk State of Developing Psychosis

Stephan Ruhrmann, Germany

Cognitive Remediation in Early Psychosis and in At-risk Mental States - Approaches and Efficacy

Stefanie J. Schmidt, Switzerland

Can Psychotherapy Prevent Psychosis?

Mark van der Gaag, Netherlands

Treatment of Negative Symptoms - Current State and Future Perspectives

Silvana Galderisi, Italy

Partners:

EPA Section "Schizophrenia"

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Venue: Munich/Germany

Date: March 2, 2014

Attendance: well attended

Can psychiatric disorders be predicted and prevented?**Description:**

Section Symposium

Can psychiatric disorders be predicted and prevented?

Chair: Joachim Klosterkötter, Cologne

Co-Chair: Danuta Wasserman, Sweden

Suicide Prevention

D. Wasserman, Stockholm (SE)

Prevention of Bipolar and Depressive Disorders: Is this an Attainable Goal?

C. Correll, NY (US)

Prediction and Indicated Prevention of Psychoses

S. Ruhrmann, Cologne (DE)

Prevention of Alcohol Addiction

W. van den Brink, Amsterdam (NL)

Venue: Vienna/Austria

Date: March 30, 2015

Attendance: well attended

Prevention of Mental Disorders in Children of Mentally Ill Parents**Description:**

Joint Section Symposium

Prevention of Mental Disorders in Children of Mentally Ill

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Chair: Hans Grabe, Germany

Co-Chair: Stephan Lawrie, United Kingdom

Mentally Ill Parents and Their Children

Hans Grabe, Germany

Early Risk Prediction of Schizophrenia in Children and Adolescents

Stephan Lawrie, United Kingdom

Transgenerational Experiences of Childhood Adversities in the Development of Adolescent Borderline Personality Disorder

Ronald Brunner, Germany

Gene-Environment and Timing in the Trans-Generational Transmission of Mood Disorders

Gil Zalsman, Israel

Partners:

EPA Section "Child and Adolescent Psychiatry"

Venue: Vienna/Austria

Date: March 30, 2015

Attendance: well attended

Prevention related symposium at the 5th European Conference on Schizophrenia Research 2015 in Berlin with the focus on epidemiological aspects entitled:

"Epidemiological and clinical aspects of psychosis risk syndromes and psychotic experiences in children, adolescents and adults"

Description:

Section Symposium

Epidemiological and clinical aspects of psychosis risk syndromes and psychotic experiences in children, adolescents and adults

Chair: S. Ruhrmann, Cologne, Germany

Co-Chair: F. Schultze-Lutter, Bern, Switzerland

**Prevalence, familial liability and clinical correlates of psychotic experiences and symptoms in children of the general population:
the Copenhagen Child Cohort 2000**

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P. Jeppesen, Glostrup, Denmark, J. T. Larsen, L. Clemmensen, A. Munkholm, M. K. Rimvall, C. U. Rask, J. van Os, L. Petersen, A. M. Skovgaard

Follow-up findings of the bern Epidemiological At-Risk (bEAR) study

F. Schultze-Lutter, Bern, Switzerland, C. Michel, B. G. Schimmelmann

Age as a source of heterogeneity in psychosis high risk research

S. Ruhrmann, Cologne, Germany, S. Schmidt, F. Schultze-Lutter

Social environment as a risk factor for psychosis proneness

J. Kirkbride, London, United Kingdom, J. Stochl, J. Zimbron, C. Crane, A. Metastasio, E. Aguilar, R. Webster, S. Theegala, N. Kabacs, P. Jones, J. Perez

Venue: Berlin, 5th European Conference on Schizophrenia Research (ECSR)

Date: September 20, 2015

Attendance: well attended

Chances of a personalized medicine for early diagnosis and therapy of mental illnesses took place in Göttingen (Germany)**Description:**

On December 8, 2016 a symposium entitled 'Chances of a personalized medicine for early diagnosis and therapy of mental illnesses' took place in Göttingen (Germany). This symposium was conducted in cooperation with three sections of the German Psychiatric Association (DGPPN), the Prevention of Mental Disorders Section, the Predictive Mental Disorders Section, and the Neurobiology and Genetics Section.

Partners:

German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN) - Sections "Prevention of Mental Disorders", "Predictive Psychiatry", Neurobiology and Genetics"

Venue: Göttingen/Germany

Date: 08/12/2016

Attendance: well attendeed

Early Detection and Early Intervention for psychosis - the European Status and Perspectives**Description:**

Joint Section Symposium

EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2014-2017**Early Detection and Early Intervention for psychosis - the European Status and Perspectives**

Chair: J. Klosterkötter (Germany)

Co-Chair: S. Galderisi (Italy)

The current European Status

N. Maric Bojovic (Serbia), A. Riecher-Rössler

Diagnostic Procedures for Prediction of Psychosis - Achievements and Challenges

A. Raballo (Norway)

Intervention in Clinical High Risk States - Current Status and Future Perspectives

S. Ruhrmann (Germany), J. Klosterkötter

Intervention in Early Psychosis - Current Status and Future perspectives

S. Galderisi (Italy)

Partners:

EPA Section "Schizophrenia"

Venue: Florence/Italy

Date: 03/04/2017

Attendance: well attended

Prevention related symposium at the 6th European Conference on Schizophrenia Research 2017 in Berlin

"Prevention of schizophrenic and other psychoses - activities for implementation in Europe"

Description:

Section Symposium

Prevention of schizophrenic and other psychoses - activities for implementation in Europe

Chair: Joachim Klosterkötter, Cologne, Germany

Co-Chair: Paolo Fusar-Poli, London, United Kingdom

The Clinical High Risk state for psychosis (CHR-P): challenges and future implementations

Paolo Fusar-Poli, London, United Kingdom

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EPA guidance on the early detection of CHR states

Frauke Schultze-Lutter, Bern, Switzerland

EPA guidance on the early intervention of CHR states

Stephanie J. Schmidt, Bern, Switzerland

EPA survey on the early detection and intervention programs

Nadja Maric, Belgrade, Serbia

Venue: Berlin, 6th European Conference on Schizophrenia Research (ECSR)

Date: September 15, 2017

Attendance: well attended

Prediction and Prevention of Psychoses - what has been achieved and where to go next?

Description:

Joint Section Symposium

Prediction and Prevention of Psychoses - what has been achieved and where to go next?

Chair: Joachim Klosterkötter, Cologne (GER)

Co-Chair: Patrick D. McGorry, Melbourne (AUS)

Prediction of Psychoses - State of the Art and Future Perspectives

F. Schultze-Lutter, Bern (CH)

Optimization and Personalization of Psychoses Prediction by means of Biomarkers

N. Koutsouleris, Munich (GER)

Indicated Prevention of Psychoses - State of the Art and Future Perspectives

P.D. McGorry, Melbourne (AUS)

Latest Developments and Implementation Possibilities of Psychological Psychosis Prevention Strategies

Mark van der Gaag, Amsterdam (NL)

Partners:

German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN) - Sections "Prevention of Mental Disorders", "Predictive Psychiatry

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Venue: Berlin, WPA XVII World Congress of Psychiatry

Date: October 12, 2017

Attendance: well attended

Introduction in the Assessment of Clinical High Risk (CHR) Criteria of Psychoses Recommended by EPA Guidance Project

Description:

Section Course

Introduction in the Assessment of Clinical High Risk (CHR) Criteria of Psychoses Recommended by EPA Guidance Project

Director:

Frauke Schultze-Lutter (Switzerland)

The course programme was based on the two guidance papers on "Prediction and Prevention of Psychoses", published by the section in European Psychiatry in March 2015. The course bot "Introduction in the Assessment of Clinical High Risk (CHR) Criteria of Psychosis" recommended by the EPA Guidance Project" for all interested parties from the European Member Countries of the EPA. The first author of the Guidance paper on Prediction, Frauke Schultze-Lutter, Switzerland/Germany organized and held this course in Florence.

Venue: Florence, Italy

Date: April 3, 2017

Attendance: well attended

Publications

EPA guidance on the early detection of clinical high risk (CHR) states of psychoses

Journal:

Eur Psychiatry. 2015 Mar;30(3):405-16

Authors:

Schultze-Lutter F, Michel C, Schmidt SJ, Schimmelmann BG, Maric NP, Salokangas RK, Riecher-Rössler A, van der Gaag M, Nordentoft M, Raballo A, Meneghelli A, Marshall M, Morrison A, Ruhrmann S, Klosterkötter J.

Acknowledged as official Section publication? Yes

EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2014-2017**EPA guidance on the early intervention in clinical high risk states of psychoses.****Journal:**

Eur Psychiatry. 2015 Mar;30(3):388-404

Authors:

Schmidt SJ, Schultze-Lutter F, Schimmelmann BG, Maric NP, Salokangas RK, Riecher-Rössler A, van der Gaag M, Meneghelli A, Nordentoft M, Marshall M, Morrison A, Raballo A, Klosterkötter J, Ruhrmann S.

Acknowledged as official Section publication? Yes

**Handbuch Präventive Psychiatrie (Clinical Manual of Preventive Psychiatry)
Forschung - Lehre - Versorgung****Journal:**

Schattauer GmbH - Verlag für Medizin und Naturwissenschaften, Stuttgart 2017

Authors:

Editors

Joachim Klosterkötter, Wolfgang Maier

(edited in cooperation with the EPA and the DGPPN Prevention Sections)

Acknowledged as official Section publication? Yes

European status and perspectives on early detection and intervention in at-risk mental state and first episode psychosis: Viewpoint from the EPA section for prevention of mental disorders.**Journal:**

Eur Psychiatry. 2017 Oct;46:48-50

Authors:

Maric NP, Raballo A, Rojnic Kuzman M, Andric Petrovic S, Klosterkötter J, Riecher-Rössler A.

Acknowledged as official Section publication? Yes

Presentations at non-section events

EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2014-2017**Other Section activities****Description:**

A **survey of the early detection and early intervention programs and services in Europe** was conducted by N. Marić-Bojović and A. Riecher-Rössler in collaboration with S. Andric, A. Raballo, M. Rojnic-Kuzman, J. Klosterkötter. It was based on a 16 item questionnaire, which was sent to representatives (presidents and secretariats) of 40 EPA National Societies/Associations (NPAs), representing 37 countries. Results were presented at the section symposium at the EPA congress (abstract: http://www.epa-congress.org/scientific-information/interactive-programme#.WP-Lp_5PoaU).

Time period: 2016-2017

Outcomes

Publication see above.

A second publication in preparation.

Other Section activities**Description:**

- Riecher-Rössler A: State of the art lecture: Working together for early detection of psychosis. Paper presented at the 25th European Congress of Psychiatry, 1-4 April 2017; Florence. Eur Psychiatry 2017; 43 (Suppl): S6
- Video with Elsevier by Anita Riecher-Rössler on the topic of the state of the art lecture. <http://schizophrenia.elsevierresource.com/interview-anita-riecher-epa-2017-florence>
- Riecher-Rössler A: Chair of Ask the Expert Session: "Organizing services for early detection of mental disorders." 25th EPA Congress, Florence, 02.04.2017
- Riecher-Rössler A: Chair of Oral Communications "Epidemiology and Social Psychiatry; Migration and Mental health of Immigrants; Forensic Psychiatry; Suicidology and Suicide Prevention; Prevention of Mental Disorders and Promotion of Mental Health" 25th EPA Congress, Florence, 02.04.2017
- Riecher-Rössler A: Co-Chair of the Working Group "Mental Health in the Workplace" at the EPA Council of National Psychiatric Associations Meeting, 25th EPA Congress, Florence, 01.04.2017

Publications, e.g.:

- Riecher-Rössler A, Studerus E. Prediction of conversion to psychosis in individuals with an at-risk mental state: a brief update on recent developments. Curr Opin Psychiatry 2017;30(3): 209-19.
- Studerus E, Ramyead A, Riecher-Rössler A. Prediction of transition to psychosis in patients with a clinical high risk for psychosis: a systematic review of methodology and reporting. Psychol Med 2017;47(7): 1163-78.

EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2014-2017**CALENDAR OF ACTIVITIES FOR FUTURE YEARS:****Section Symposia/Workshop accepted for EPA congress 2018 in Nice/France**

- Monday, March 5, 2018

The meaning of resilience in prevention of mental disorders**Salutogenic pathways to health promotion**

Bengt Lindstrøm, Trondheim, Norway

Disentangling resilience and wellbeing

Frauke Schultze-Lutter, Düsseldorf, Germany

Cultural aspects of resilience and wellbeing

Cecilia A. Essau, Roehampton, UK

Enhancing resilience in a stepwise primary preventive approach

Stefanie J. Schmidt, Bern, Switzerland

- Tuesday, March 6, 2018

Section Symposium accepted for EPA congress 2018 in Nice/France**Emerging disorders or their risk factors: what should be the target of prevention?**

Chair: Eva Meisenzahl, Düsseldorf

- March 4, 2018

Workshop accepted for EPA congress 2018 in Nice/France**Implementing early detection and intervention services for psychosis in Europe:
obstacles and how to overcome them**

Chair: Anita Riecher-Rössler, Basel, Switzerland

Co-Chair: Nadja Maric Bojovic, Belgrade, Serbia

EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2014-2017**Implementing early detection and intervention services for psychosis in Europe: obstacles and how to overcome them**

Anita Riecher-Rössler, Basel, Switzerland

Implementation of early detection services: current status and perspectives in Southeastern Europe

Nadja Maric Bojovic, Belgrade, Serbia

Implementation of early detection services in France: current status and further perspectives

Marie-Odile Krebs, Paris, France

Implementation of early detection services: economic perspectives

David McDaid, PSSRU, London, United Kingdom

FUNDING IN 2014-2017

Income: 3.000,00 € per Section

Source(s) of funding:

2016 EPA Section Award for joint symposium "Prevention of mental disorders in children of mentally ill parents" Prof. Joachim KLOSTERKÖTTER, Chair of EPA Section "Prevention of Mental Disorders" Prof. Romuald BRUNNER, Chair of EPA Section "Child and Adolescent Psychiatry"

Expenditure: 3.000,00

Balance: expenditures completed

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: Yes