EPA Section WOMEN GENDER MENTAL HEALTH
Annual Report for 2018

SECTION COMMITTEE MEMBERS
Chair: Angelika WIECK (UK)
Co-chair: Rocio MARTIN-SANTOS (Portugal)
Secretary: Livia VAVRUSOVA (Slovakia)
Councillor: Anita RIECHER-RÖSSLER (Switzerland)

Meetings and Events

At EPA Congress, Nice, 2018

Title of CME Course: The Pharmacological Management of Mood Disorders and Psychosis in Pregnancy and Lactation
Director: A Wieck
Venue EPA Congress, Nice, 2018
Date: 4.3.2018
Attendance: about 40 delegates

Title of symposium: Symposium: Recent Developments in Perinatal Mood Disorders
Chair: Angelika Wieck, United Kingdom
Co-Chair: Malin Eberhard-Gran, Norway
Speakers: M Eberhard-Gran, Norway; Elizabeth McDonald, United Kingdom, Jodi Pawluski, France
Venue EPA Congress, Nice, 2018
Date: 4.3.2018
Attendance: about 40 delegates

Title of symposium: Women migrants and refugees: a case for special mental health needs
Chairs: M Casanova Dias, United Kingdom, A-L Sutter-Dallay
Speakers:
Venue: EPA Congress, 2018, Nice
Date: 5 March 2019
Attendance: About 100 delegates

Title of workshop: Womens Mental Health: Insights from European Countries
Chairs: H Herrman, Australia, N Semenova, Russia
Speakers: J Burns, United Kingdom, Natalia Semenova, Russia, E Sönmez, Turkey, L Vavrusova, Slovak Republic
Publications


PRESENTATIONS AT NON-SECTION EVENTS

Angelika Wieck:
International Congress of the Royal College of Psychiatry
Partner: Royal College of Psychiatry
Symposium title: Valproate : the evidence for efficacy
Venue: Birmingham, International Congress Centre
Date: Tuesday 26 June 2018

Masterclasses of the British Association of Psychopharmacology,
Partner: British Association of Psychopharmacology
Session Title: Perinatal Disorders
London, 26 April, 2018
Masterclasses of the British Association of Psychopharmacology,
Partner: British Association of Psychopharmacology
Session Title: Perinatal Disorders
London, 26 April, 2018

Westminster Health Forum Keynote Seminar: Priorities for mental health services in England.
Partner: NHS England
Session Title: Developing specialised mental health services and promoting patient-focused
Venue: London
Date: 1st February 2018

Perinatal Mental Health Annual Meeting
Partners: Royal College of Obstetricians and Gynaecologists
Session Title: Prescribing psychotropic medication during pregnancy and breastfeeding
Venue: Royal College of Obstetricians and Gynaecologists,
Date: 13-14 December 2018

Perinatal Mental Health Specialist Forum
Partners: Strategic Clinical Network, NHS England
Session Title: Perinatal Mental Health Specialist Forum
Venue: Manchester
Date: 31.1.2018

Baby on Board Conference - A Whole-system Approach to Building Great Foundations through Perinatal and Parent Infant Mental Health
Partner: NHS England – Regional Parent Infant Mental Health Conference
Venue: Manchester
Date: 7th March 2018

Perinatal Psychology Workforce Training
Partner: British Psychological Society
Venue: Manchester
Date: 18 September 2018

Perinatal Mental Health Conference
Partner: University of Salford
Session title: New developments in the somatic treatment of women with perinatal mental health problems
Venue: Salford
Date: 19 September 2018

Regional Clinical Practice Day
Partner: Greater Manchester Mental Health NHS Foundation Trust
Session Title: New Developments in Perinatal Research
Date: 21 September 2018
Anita Riecher-Roessler:
Organisation/Event: European Psychiatric Association, 2018
Partner: EPA
Session Title: Mentoring for women in psychiatry
Venue: Nice
Date: 05.03.2018

26th International Symposium on Current Issues and Controversies in Psychiatry
Partners: not known
Session Title: Is gender adding complexity to mental disorders?
Venue: Barcelona
Date: 20.04.2018

Congresso Nazionale
Partner: Società Marcé Italiana
Session title: Perinatal mental health - current challenges.
Venue: Padua
Date: 12.05.2018

World Psychiatric Association Congress
CME – Psychopharmacology in pregnancy
Venue: Mexico City
Date: 27.09.2018

Ekin Sonmez
54th National Psychiatry Congress (Turkey)
Partner: not known
Session Title: Biological, Psychological and Social: Woman and Her Body (in Turkish)
Venue: İzmir / Turkey
Date: 3.10.2018

Marisa Casanova-Dias
Marce meeting
Session Title: Novos Contributos para a Promoção da Saúde Mental Perinatal (‘New contributions to promoting perinatal mental health’, sesion in Portuguese)
Partner: not known
Venue: Lisbon, Portugal
Date: December 2018
CALENDAR OF ACTIVITIES FOR FUTURE YEARS:

At the Annual EPA Conference, Warsaw, 2019

1. **Session Title:** The Pharmacological Management of Psychosis and Mood Disorders in Pregnancy and Lactation (CME Course)  
   **Course Director** Angelika Wieck, United Kingdom  
   **Course Co-Director** Ian Jones, United Kingdom  
   **Session type:** Educational  
   **Information:** Proposed by the EPA Section on Women, Gender and Mental Health

2. **Session title:** Setting and Achieving Standards in Women Mental Health  
   **Session type:** Mental Health Policy, Work Shop  
   Chair: Angelika Wieck, UK, Natalia Seminova, Russia  
   **Information:** Proposed by the EPA Section on Women, Gender and Mental Health

3. **Session title:** Somatic Treatments of Perinatal Mental Disorders in Pregnancy (Symposium)  
   **Session type:** Clinical/Therapeutic  
   Chair: Angelika Wieck, United Kingdom, Ian Jones, United Kingdom  
   **Information:** Proposed by the EPA Section on Women, Gender and Mental Health

4. **Session title:** Female Gender, Reproductive Events and the Expression of Selected Mental Disorders (Symposium)  
   Chair: Angelika Wieck, United Kingdom; Josep Antoni Ramos-Quiroga, Spain

Other Conferences:

1. **International Association of Womens Mental Health- 8th World Congress of Womens Mental Health, 5-8 March 2019**  
   President: J, Kulkarni  
   Includes presentations by:  
   - Helen Herrman: Dealing with the challenges of social adversity and clinical care  
   - Jayashri Kulkarni: Womens mental health – so much more to do  
   - Anita Riecher-Rössler: Menopause and womens mental health  
   - And other members of WGMH

2. **From Perinatal to Early Childhood Mental Health – Prevention and Clinical Practice**

   **1st Regional European Conference**  
   Budapest, 8-11 May 2019. Organizer: T. Kurimay  
   **Activities:**  
   - WGMH Section CME Course : Pharmacological management of mood disorders and psychosis in pregnancy and lactation. Director : A Wieck  
   - Symposium: What are the challenges in obtaining funding and setting up perinatal mental health services ? Moderator: A Wieck  
   - Presentations by Anita Riecher-Roessler
Lectures

A Wieck:
The pharmacological management of bipolar disorder and psychosis during pregnancy and lactation: antipsychotics, mood stabilizers, anxiolytics and sleep-inducers.
Masterclass of the British Association of Psychopharmacology, April & November 2019

E Sönmez
Awareness of Gender Consideration in Womens’ Mental Health in Different Countries – Symposia at the IAWMH 2019 Congress

ECP Training Workshop: Balancing Life, Career, Gender: Insights from Experts – EPA 2019 Congress (As chair)

M Casanova Dias
2. National Student Psychiatry Conference
Partner: not known
Perinatal Psychiatry: making research real
Venue: Cardiff, UK
Date: February 2019

Publications:


A Wieck, Jones IR (2019)

FUNDING IN 2018 to the SECTION
Income: none
Source(s) of funding:
None received
Expenditure: None
Balance: Does not apply
EPA Treasurer audit: No
Confirmation that income / expenditure is via EPA: No